

## **Personal, Social & Emotional**

- Create our own rules together
- Share about our likes and dislikes
- Who are your special people?
- How can we help our friends?
- Ways to manage our feelings
- Mindful Moments

## **Communication & Language**

- Get-to-know our friends
- Talk about ourselves
- Listen to others talk about themselves
- Play and chat with new friends

## **Physical Development**

- Multi-skills in P.E. with Emma
- Yoga with Mrs Chamberlain
- Fine-motor activities
- Trim trail gross-motor skills
- Design an obstacle course

## **Expressive Arts & Design**

- Arts and crafts for self-portraits
- Create pictures of favourite things
- Create collage landmarks
- Design shoes and accessories
- Sing familiar songs together

# **Autumn 1**

# **This is Me!**

## **Mathematics**

- Match and sort objects
- Introduce subitising
- Compare amounts and sizes
- Explore patterns
- It all starts with 1, 2, 3!
- Circle and triangles

## **Understanding the World**

- Explore our senses in the forest area
- Talk about parts of the human body
- Design loose-parts faces
- Make salt-dough 'bones' and 'skeletons'

## **Literacy & Phonics**

- Learn initial sounds and letter names
- Read tricky words **I no go to the into**
- Early writing – shapes and patterns
- Name writing
- Stories about ourselves and our families
- Fact books about our bodies and senses