



Support for ADHD

Attention Deficit Hyperactivity Disorder (ADHD)

ADHD is a disorder that affects attention, hyperactivity, and impulsivity. Children with ADHD may have difficulty with focus, organization, and impulse control.

The following are strategies used by teachers in each classroom, to ensure all children are offered support with ADHD;

Provide a predictable routine with clear schedule

Give visual warning for transitions

Give time guidelines for work

Have strategic desk placement away from distractions

Set short achievable goals

Use of colour coding or visuals to support organisation

Give immediate praise linked to behaviour

Allow time for frequent movement breaks

Have simple classroom rules on display with visual support

Provide fidgets toys for pupils to utilise throughout the day

Use headphones during quiet independent tasks

Minimise waiting times. Give pupils an activity while waiting

Chunk tasks into shorter pieces. Provide pupils a checklist to complete when each section is complete

Give lots of reinforcements for positive behaviour

Keep task instructions on display, with visuals